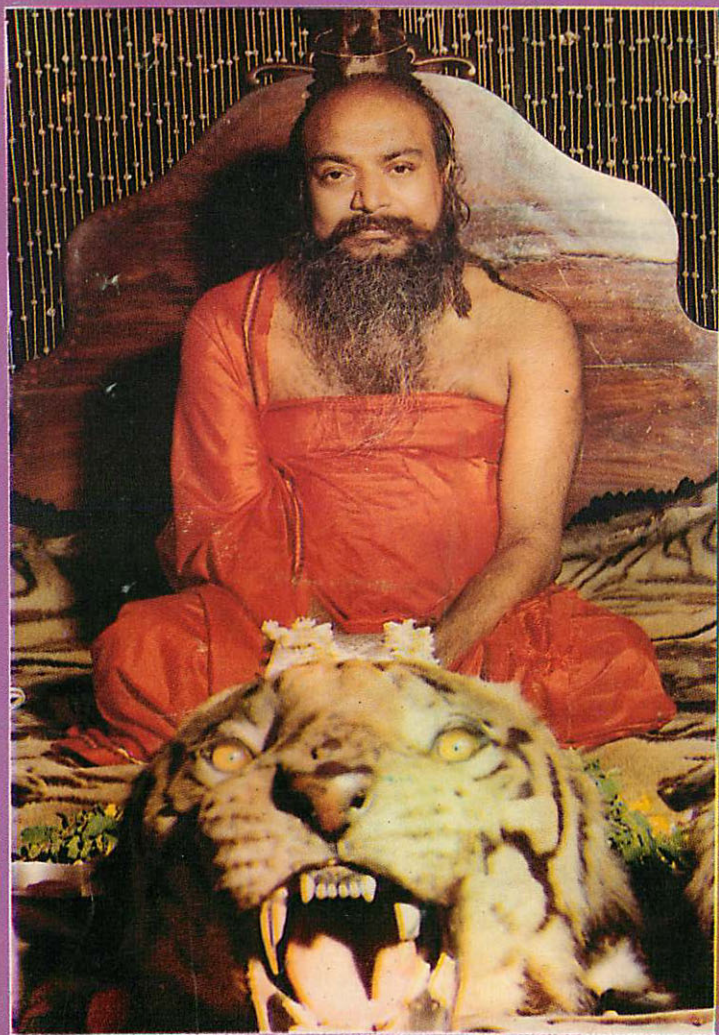




**SHRI SHRI SHRI SHIVABALAYOGI MAHARAJ**



**THE LAHARI**

**SRI SRI SRI SHIVABALAYOGI  
MAHARAJ**

**THE  
LAHARI**

**(Conversations with Sri Swamiji and Devotees  
Experiences)**



**Dedicated to the Holy feet  
of  
Sri Sri Shivabalayogi Maharaj  
On the  
Occasion of his 54th Birthday  
24.1.1989**

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*"Know truth through meditation. Then you will yourself know who you are, your religion, your caste and your nature. Do not believe what others say and became a slave to religious prejudices.*

**DHYAN IS YOUR RELIGION  
DHYAN IS YOUR CASTE  
DHYAN IS YOUR PATH"**

**Sri Shivabalayogi Maharaj**



## **In the beginning**

Adivarapupeta is a small, sleepy village in the East Godavari District of Andhra Pradesh. Its people predominantly belong to the 'Devanga' community whose principal occupation is weaving. To Alankka Bhimanna and Parvathamma of Adivarapupeta, was born on 24th Jan, 1935, their fourth son named Sathyaraju. When Sathyaraju was just two and half years old his father Bhimanna passed away. Sathyaraju and his mother then stayed with his maternal grandfather Golisathyam. Stark poverty, however, forced Sathyaraju to take up weaving at a very early age and he only attended school in between. The pattern of his life was hard-getting up before dawn to weave bright patterns of different kinds on cloth, going to school, playing with the other children in the evening, practicing the use of the sword and the lathi, (traditional sports in the village,) and going to sleep. Sathyaraju soon realised that the traditional occupation of weaving would not be sufficient to eke out a living, but starting a business promised quick and adequate returns. So he started a beedi shop (Country cigarette) with a capital of just Rs.5/-. Soon his business prospered and he made more money in the shop than through weaving. This continued till he was 14. But business was not to be his ultimate path. Fate had willed otherwise and greater things were in store for Sathyaraju. He was destined to tread the path of the ancient seers and sages of Bharata Varsha. To join the great band of religious teachers who propagated the major religions of the world.

## **The transformation**

On Sunday 7th August 1949 (Sharavana Shuddha Chaturdashi of Krodhi Samvatsara) Sathyaraju was exactly 14 years, 6 months, 14 days old. This proved to be the day of destiny. It was the day when an ordinary, poor and a simple village boy was transformed into a Bala Yogi, eventually to emerge, after a period of 12 years of intense tapasya as a Siddha Pursha and Jivan Mukta.

To recount the incident in Sri Swamiji's own words:

"After breakfast, I went out to play with my friends. Around 2.00 p.m. I felt hungry and decided to go home for lunch and purchased some vegetables on my way home. While waiting for lunch to be prepared, some friends who had come to my home forced me to accompany



them to the river for a bath. On the way to the Godavari river canal, we passed under a few palm trees. A fruit fell into my hands. As I squeezed the fruit, for no accountable reason, my body began trembling all over. I was wondering what had happened to me when all of a sudden, I saw a "Jyoti" (light) shining from the fruit in my hand. Almost simultaneously, the 'Omkar Dwani' (Sound of Om) ensued from the palm fruit....the fruit disappeared and in its place a Sivalinga lay in my hands..... the fruit suddenly broke into two halves and fell apart and a person in the attire of Jangam Shiva stood before me.... He then touched me at the Bhrikuti (Spot between the eye brows). I lost outer consciousness and went into deep samadhi...."

### **Beginning of Penance**

This was the beginning of a period of the deep penance of intensive tapas. Sathyaraju had now become Bala Yogi. Neither rain nor shine, heat nor cold, fire nor water could distract him from his single minded concentration.

### **The obstacle towards realization**

Distractors were many. A few used to pull his legs, a few tried to pry open his closed eyelids, a few threw filth and other things on him. Nothing could deter him from his single-minded resolve. Finding that the harassment of the children and even elders kept growing, the Yogi moved to the burial ground on the outskirts of the village to continue his tapas. One night as he was proceeding to the canal for his daily midnight bath, a deadly cobra lying across his path, reared up and bit him viciously on the leg. The venom discoloured his skin, gangrene set in and his body starting emanating a foul smell.

### **Unwavering concentration : Single-minded purpose**

The Yogi continued his tapas with unwavering concentration and undiminished intensity, sitting motionless for the entire period of 24 hours, day after day, month after month. His hands and legs became stiff and wooden and he soon lost control of his limbs. He used to drag himself exercising his immense will power, to where the bucket of water was placed, to have his bath.



## Completion of tapas

The Yogi's tapas continued for 12 long years. On 7th Aug. 1961, Shivabala Yogi completed his tapas. A vast crowd of over 3,00,000 witnessed the sadhu (saint) emerging from his samadhi. They saw standing before them a Yogi whose body though emaciated and almost deformed by the rigors of intense tapas, shone with a strange lustre, visibly exuding peace and spiritual grace.

## Sri Swamiji's mission

Thus the mission of Sri Sri Sri Shivabala Yogi had begun. Sri Swamiji ministers to the spiritual and material needs of the people with Dharsan, giving consecrated Vibhuti (holy ash) for curing mental and physical ailments, Kirtan (Prayer), Bhava Samadhi and Dyana Diksha.

## Mouna upadesa

A large majority of the people who visit saints and sadhus, go not only for darshan, but also to gain enlightenment by listening to their 'Pravachans' (Spiritual discourses). Devotees who come to Sri Swamiji are non-pulsed to find that Sri Swamiji gives no discourses, no speeches, no advice. Sri Swamiji employs the power of 'Mouna Upadesa' to carry out an inner transformation of those who turn to him for guidance.

## Darshan

Sri Swamiji gives darshan wherever he is, at a fixed time preferably in the evening. Each and every individual who seeks Swamiji's darshan receives his grace and blessings, gets freedom from woes and attains peace of mind.

## Dispensing consecrated Vibhuti (Holy ash)

Sri Swamiji listens patiently to each individual problem and complaint. He then instructs his attendant to give the person some vibhuti which he has blessed. In the treatment of physical and mental ailments, use of vibhuti in accordance with the directions given by Sri Swamiji has effected miraculous cures and thousands have benefitted. There are also innumerable cases on record where patients who had earlier not

responded to normal medical treatment, and whose disease had been pronounced incurable by reputed medical practitioners, have been fully restored to health by the use of vibhuti received from Sri Swamiji.

## **Kirtan & Bhavasamadhi**

When Sri Swamiji gives darshan, kirtan is also held. Because of the powerful spiritual vibrations emanating from Sri Swamiji, a large number of people participating in the Kirtans also go into 'Bhava Samadhi'. This happens even when Sri Swamiji is not physically present at the place where Kirtans are being held. During Kirtan, devotees first experiences peace and spiritual exaltation, which they desire to experience again and again. With the deepening of this Bhava or Attitude of the mind, the devotees then experiences the vision of his Ishta Devata and other saints and lose themselves in gay abandon. One witnesses the extraordinary sight of men and women of all ages, lost to the outer world in ecstasy. Dancing to the beat of devotional music they exhibit the characteristic of puranic Gods and Goddesses. People dance and move about entranced for hours on end, seemingly without fatigue, and without so much as running into each other or tripping or disturbing any of the other devotees.

## **Dhyana Yoga**

Sri Swamiji's primary mission is to set people on the path of Dhyana Yoga. Over 2 million people have already been initiated into dhyana Yoga in India and abroad.



## QUESTION AND ANSWERS

The following is a transcript of the recordings of some of the satsangs in the presence of Swamiji during His visit to England between Sept.7 and December 27,1987. The questions were put to Swamiji through an interpreter. Shri Ajay Vikram Singh was the interpreter at most of the sessions.

### ON MEDIATION

Qns: When we have so many questions and doubts how to get answers?

Ans: You will get answers to all questions in 'Dhyan'

Qns: What is the difference between Dhyan and Tapas?

Ans: What is the difference between lunch & Tea that you take?

Qns: Both are food. They differ in quantity and variety.

Ans: Same is true of Dhyan and Tapas. If you do dhyan continuously for a long time, it is Tapas.

Qns: Do they differ in method?

Ans: No. The methods are same. As one continues to do Dhyan intensely it becomes Tapas.

Qns: How to do Dhyan while in job and family life?

Ans: Family life does not come in the way of Dhyan. There is no necessity to renounce everything to do Dhyan. It is enough if you do dhyan for an hour everyday.

Qns: How can one do Tapas under these circumstances when there is no proper atmosphere?

Ans: If one wants to do Tapas, the necessary atmosphere will get created. But one can not do Tapas unless one has enough spirit of detachment (vairagya)

Qns: I am working in a mental hospital. It is very disturbing to work in such an atmosphere. How can one do Dhyan under those conditions?

Ans: Working in a mental hospital is also a professional occupation. After the job do Dhyan for an hour.

Qns: What does the ash given at the time of initiation contain?

Ans: It contains the power to transmit power to meditate.

Qns: What is 'Dhyan'?

Ans: It is meditation. But meditation is a poor translation for Dhyan. If mind is controlled, everything can be controlled.

Qns: Can all get to Dhyan?

Ans: You need experiences. That is what I give.

Qns: When one chooses a guru, can he take any other meditation?

Ans: This method only strengthens the faith in one's guru.

Qns: Is there a time and place for Tapas?

Ans: If the person is willing to do Tapas, there is no restriction on time and place. There are many ashrams in the west. Do you want to do Tapas?

Qns: (smiles) and nods in affirmation

Ans: Then You have to first grow spiritually into the various stage of Tapas.

Qns: What about those with family responsibilities? Do you have to wait till you finish family ties?

Ans: You can do sadhana while in the family. There is no real contradiction between family life and sadhana.

Qns: How to do Sadhana?

Ans: From tomorrow we shall start Dhyana. It will start in the Murugan temple.

Qns: What about the posture during meditation?

Ans: Any posture which is most comfortable.

Qns: Padmasan is supposed to be the best.

Ans: Yes it is true. But it is not a must.

Qns: Can this child (6 years old) learn meditation?

Ans: Swami started Dhyan at a very early age. This is a very good age to start. The mind of a child is easily controllable.



- Qns: How does one control the mind?  
 Ans: We will teach you, that is the purpose of my visit.
- Qns: Does Swami support one in meditation?  
 Ans: That is my work.
- Qns: How can a proper environment be created for meditation?  
 In a mental hospital how to do sadhana?  
 Ans: You can find a spot where you can meditate. Work in a mental hospital is like any other job.
- Qns: Does Swami agree to have a short meditation together with all?  
 Ans: Yes, you can do it.
- Qns: Can Swami tell us some principles of trance and its practice?  
 Ans: It helps in physical, mental and spiritual progress.
- Qns: How does it come?  
 Ans: Higher souls induce it.
- Qns: Will those souls take over the total person?  
 Ans: Yes. The person then feels happy and is conscious.
- Qns: Since a part of our consciousness is not pure, can undesirable souls take over?  
 Ans: No. Such influences are thrown out. In fact such influences flee in a trance situation.
- Qns: How to determine who gets the trance?  
 Ans: It is automatic. There is no control by Swami.
- Qns: We want to see it. Will it happen during this visit?  
 Ans: Organise some good kirtan. Then you can see. Trance helps in spiritual progress.
- Qns: Can we see Video of some devotees in trance?  
 Ans: Yes. Bangalore video can be played. Then you can see.
- Qns: Is More trance (is) more good?  
 Ans: Yes. people will get interested in it. They will want the experience again and again.

Qns: Will it depend on the group? Will it come even after Swami leaves? and the music is different?

Ans: Yes. It does not make a difference which music it is. Even in places where Swamiji is not present, devotees get trance

Qns: Should there not be laya (beat in the music)?

Ans: Yes. The one who gets it trance will direct the singers to keep the beat.

Qns: Why are there saints?

Ans: Bhagavan sends people to do His work and as the work finishes they go away.

Qns: Possibly they saints do rigorous tapas to serve as an example to the world and is that the service they do?

Ans: They take birth for a purpose.

Qns: What is Tapas?

Ans: After continuous meditation, Samadhi comes. Then Sashatkar. (Seeing God's form). This is Tapas.

Qns: During this Tapas does one's consciousness leave the body and place itself in other parts of India or world?

Ans: The Sukshma (the subtle) does travel very often.

Qns: Some people don't get Bhava, some get, why?

Ans: If kirtan is done properly Bhava or trance will come.

Qns: Can one do mistakes when doing meditation?

Ans: A person who is doing meditation will not be able to do mistakes. If he does any mistake it will get controlled during the next meditation.

Qns: They say a blue light comes from the top of pyramid. When one is doing meditation properly can one see such things and also the experiences of others in a clairvoyant manner?

Ans: Yes. By looking at a person's face, one can see how well he is doing meditation.



Qns: How does one get over the frustration in practicing meditation when one has children?

Ans: These are normal problems.

Qns: Swami has no such problems?

Ans: Swami has started at an early age

Qns: Samadhi and Bhav; are they same or different?

Ans: Samadhi is through Tapas and Bhav is presence of somebody through subtle body. Bhav is the beginning for Tapas & Samadhi.

Qns: Is it possible for a guru to come and teach in trance?

Ans: Yes. You have seen Swami give trances. One who gets these trances can control others' trances.

Qns: When we sit for meditation, this child comes and disturb her (their child is always moving in the gathering)

Ans: To look after her is your duty.

Qns: This child has become better since Swami's visit.

Ans: (Swami smiles) (There was a talk of initiating the child into meditation).

Qns: What happens initially in meditation?

Ans: Initially you will feel heavier and afterwards lighter.

Qns: During trance I do not have any idea where my eyes are looking. But I am not conscious. Is it alright?

Ans: Yes it is alright.

Qns: During meditation, instead of concentrating between the eyebrows, can we think of world peace?

Ans: First one should concentrate on one's advancement. Then about the rest. A particular level should be attained before one thinks of doing something for others. Otherwise instead of benefitting others, one will come down. This happens to many people.

Qns: I have asked this because somebody from a Buddhist faith said that one should forget about oneself and think of the world?

Ans: No. Only Yogis can help the world. One has to concentrate on one's advancement first.

Qns: For some trance comes quickly. For some it does not come at all. For me the trance stops when the trumpet beat stops?

Ans: It is not necessary that music should be there for trance.

Qns: My meditation goes on well. But I see no visions. Why?

Ans: Perhaps your eyes move. Your mental attention must focus between the eyebrows.

Qns: Is the technique of meditation same as was given to Swamiji?

Ans: Yes.

Qns: Is this technique same as Mahesh Yogi's?

Ans: He has also come to the same technique. Only Tapas leads to realisation.

Qns: Is the technique same after sometime for Dhyan and Tapas?

Ans: The technique is the same. But one starts feeling blissful and loses body consciousness.

Qns: I saw two bodies, during meditation: one with life and one without life?

Ans: You may see many more so long as you know where your soul rests that is enough.

Qns: I do not know where my soul rests.

Ans: Take a dagger and pierce everywhere (laughter).  
Do sadhana. You will know it. In Samadhi you will know everything.

Qns: How to recognise the state of trance?

Ans: It is a question of how much energy passes through the body. Strong energy currents imply that one can not be conscious of the trance. Otherwise one can be conscious of the trance. Visions also come.



Qns: Why should we concentrate between the eyebrows? Why not elsewhere?

Ans: That is the best spot.

Qns: By doing Dhyān can third eye open and give powers of clairvoyance etc.?

Ans: Not necessary. A star will appear and it will go wherever you want.

## ON POLITICS

Qns: Does Swami have an opinion about Govt. of Rajiv Gandhi?

Ans: Swami does not take interest in politics. His concern is people.

Qns: What is the view of Swami about peace in the world? Can it be achieved?

Ans: What is the view of the questioner?

Qns: It is possible, peace is possible

Ans: Swami also feels the same.

Qns: There are many difficult situations in the world now and there are many kinds of politicians at the helm. Sai Baba tries to influence their thinking. A number of them are his disciples. It is heartening to have someone like that influencing the politicians. Does Swami do like that?

Ans: Swami does not indulge in politics.

Qns: What do philosophy and politics have in common?

(Philosophy is used here in the sense of mysticism and concern about truth)

Ans: Philosophy and politics should not be mixed. It is bad for both. Philosophy with politics is religion. Each one claims that his religion better than others.

Qns: A country gets the government it deserves. In the case of India, does Swami visualise a good future for Rajiv?

Ans: Swami does not discuss politics.

Qns: Apolitical decision generally affects the lives of people in a gross way. We understand that Sai Baba has a direct line metaphysically to Rajiv guiding him.

Ans: How do you know?

Qns: Through Sai Baba's devotees. It is conforiting to know that

Ans: I do not know about Sai Baba. One should not combine philosophy with politics.

## ON REBIRTH

Qns: Some Swamis say that there is rebirth. Others say no. What does Swami Say?

Ans: Don't believe anybody. Have your own experience through Dhyam.

Qns: Does Swami believe in rebirth?

Ans: You have to experience the truth yourself.

Qns: Some say yes, some say no. What does Swami say?

Ans: How can you believe my experiences? You should experience and know yourself.

## ON HIMSELF

Qns: Who looked after and cared for Swamiji during his Tapas?

Ans: Swami's mother looked after Swami during his Tapas.

Qns: What is continuous meditation?

Ans: Swami chose a lonely spot and all the time he was there meditating continuously.

Qns: Did his devotees look after him?

Ans: Swami's mother and a few devotees looked after him. It was not like an ashram.

Qns: What are your first experiences?

Ans: When you start meditating, you will come to know. Many questions will get clarified during Dhyam without any body telling you.



- Qns: Can one go as fast as Swami in one birth?  
 Ans: Yes, depending on the intensity of Sadhana.
- Qns: Has one to suffer during sadhana?  
 Ans: Suffering is not part of Sadhana.
- Qns: Is Swami Sanatkumar?  
 Ans: You will get the answer in Dhyān. Swami does not discuss much of his personal life. Swami is keen to help as many people as possible.
- Qns: When did Swamiji commence helping devotees?  
 Ans: After finishing tapas in 1962, I got an order (Adesh) to go into the world.
- Qns: Can Swami tell us about his immediate past birth?  
 Ans: You will see it in your meditation.
- Qns: What about Swami's previous birth?  
 Ans: Swami does not like to discuss this. What does Subrahmanyam, your Guru, say about this?

## GENERAL

- Qns: Do all Swamis in India meet together to take action on the situation?  
 Ans: Occasionally other swamis come to meet Swami, but Swami does not make any special attempt to meet them.
- Qns: What is the purpose of Swami's visit to U.K?  
 Ans: Swami came to teach and initiate people here into Dhyān.
- Qns: Could Swami explain: when we go into deep sleep the Soul comes into contact with astral planes. When you travel in astral planes are we in contact with the people with whom we are in contact in the physical world. Suppose a wife and husband sleep together does it mean that in soul state they are also together?  
 Ans: What is valid for physical body is not valid for soul. If the husband is a devotee/disciple of Swami and the wife is not, they obviously are in different planes.

Qns: What does Swami say about the present day turbulent situation?

Ans: What does the questioner think of the present situation?

Qns: I think that there is going to be a spiritual regeneration. What does Swami feel about it?

Ans: Swami agrees that only spiritual way can control the situation. The mind of the world is to be controlled. For that the individual mind is to be controlled.

Qns: Does Swami know how the spiritual regeneration is going to take place?

Ans: The trend has started. The change is already taking place. One can observe it.

Qns: How is spirituality growing in the world, particularly in the west?

Ans: Once you start Dhyān you will come to know of this. You will come into contact with such people.

Qns: What is the philosophy of swami?

Ans: Nothing. Dhyān is the 'one point' philosophy.

Qns: What is the contact of Swami with great saints?

Ans: Not much.

Qns: How can one make philosophy more effective?

Ans: All philosophy remains talk unless people practice Sadhana.

Qns: If there is a guru, if it is his responsibility to take the Sishya up, can we take up and then as a guru?

Ans: You have to continue the guru whom you have accepted, this Dhyān only strengthens that which you are practicing.

Qns: Would Swami agree that what we find ourselves doing is what we are intended for? That is the environment needed for advancement in Sadhana?

Ans: That attitude is responsible for the present situation of disturbance of peace. Whatever road you want to go, you can advance in that.



Qns: Does Swami have any feeling for vibrations of London?

Ans: We will tell you tomorrow. (Swami arrived that day) physically it is like Mercara or Dehradun in India. Swami does not like to make comment on the people.

Qns: Does Swami have any mutt?

Ans: There is no mutt or caste or religion for Swami. Mutt and politics are becoming synonymous.

Qns: Are the others outside mutts making any efforts to settle conflicts between mutts?

Ans: If people sit together solutions can come.

Qns: Those whom Swami helped in Tapas where are they now?

Ans: They are back in their villages.

Qns: Where are the Panchabhuta situated in ones' body?

Ans: Panchabhutas are in our eyes.

Eye Black : Earth

White : Akash

Red streak : Agni

Water : Water

the glitter : Tejas

Therefore when we control the eyes, we control the five elements.

Qns: Can one see the auras of the people?

Ans: Yes an aura/halo is observable round the face. You will yourself feel the advancement. The aura is at an advanced stage.

Qns: If the spiritual progress is faster as a recluse, is it good to be a recluse?

Ans: Both the householder and recluse can do equally well. It may perhaps be an advantage to be in household. It may motivate one better. For recluses, it may lead to frustration after sometime seeing that other in family life are doing better. Children can mediate better than elders.

- Qns: Can Swamiji easily differentiate between an ordinary man and a Saint?
- Ans: Lot of saints come to see Swami. As soon as he sees one Swami can easily recognise his status as a yogi.
- Qns: When Swami sees somebody, he sees the potential of what he is going to be. Is it true?
- Ans: He does not disclose what he is going to be. He gives his blessings.
- Qns: Whoever comes here, and gathers together with others, was there any contact with Swami in their past births? Was there a physical or dharmic relationship?
- Ans: If there is no particular relationship in the past, they would not have come together. Those who have not heard of Swami earlier also have come now. Physical relationships die with each birth.
- Qns: Do any of his current devotees have answers to these questions?
- Ans: Yes, You are also a current devotee.
- Qns: What is special about the next ten years for the world? Is there any important effort going on?
- Ans: Yes, to control mind and give it peace both internally and externally.
- Qns: Can Swami tell us something about his Tapas?
- Ans: Swamiji does not discuss about his personal experiences.
- Qns: Are there any other methods other than meditation, to reach (realise) truth?
- Ans: Yes, if you want to see Bhagawan.
- Qns: Does Swami say that prayer done by these other than great saints has no effect?
- Ans: Prayer is not meditation. You can also wish good for others.
- Qns: Mr.S. has profound respect for Swami?
- Ans: Ask him and tell me. In fact it does not help to discuss such things. First do Sadhana. Then if questions arise during Dhyan then a discussion will be meaningful.



Qns: By coming here, am I doing anything against my guru?

Ans: Your guru does not become low by your coming here. If your guru feels jealous then he is not advanced. But we are not bothered.

Qns: It is a western concept that when you go to a guru you stick with him. But according to Swami it is not splitting but spreading by going to others?

Ans: Jealousy is politics and intrigue. There is no place for these in spirituality. It is nice to hear this.

Qns: Why do children get spoiled after they become adults?

Ans: Society spoils their simple minds.

Qns: How should I trust your words about self realisation through the method given by you now?

Ans: Unless you practice you can not comment on this. You must make a beginning. Try out the method. Experience it. If you are used to another method continue that. The end result of all meditation is the same. While I am here, tell me your experiences, I shall comment on them.

Qns: My stomach is asking for too many sweets, How can I stop so much going into my body?

Ans: Have sweets to your heart's content and sit for meditation. Then it will get controlled. Your craving for meditation will increase over your craving food.

Qns: What is the significance of sitting on a tiger skin?

Ans: Tiger skin gives added strength to meditation by sitting on it.

Qns: Is there any difference between tiger skin and deer skin?

Ans: Deer skin is good for Dhyana. Tiger skin is good for Tapas.

Qns: The other day Swami spoke about Jesus. He can communicate with Jesus. Is there a message for Christmas from Jesus for us?

Ans: You do Dhyana, you will get the message and can even talk to him.

**Qns:** Is there any difficulty and difference in communicating with different saints?

**Ans:** Think of Christ. He will come, Think of Viswamitra he will come. Whatever is in your mind can take shape and you can see a visible form. Do not get frightened by bad visions. Energy generated by Dhyān cleans up the body and mind to lead to Samadhi. But one should not open the eyes.

## ON KARMA

**Qns:** How does one suffer destiny?

**Ans:** What kind of Karma? Is it this births' or past births' there are two kinds of Karma. What you do for the Atma is carried forward. What you do for the physical, one will suffer the consequences of the actions in the same birth.

**Qns:** Crooks seem to prosper all the time?

**Ans:** What is seen in public is different, What about suffering of the mind?

What happened to Hitler. He died an inglorious death and suffered a lot.

There were two thasildars (Revenue officials) coming to me during Tapas. One was honest and the other was after money. There were floods, the honest officer worked hard to save people. The dishonest officer made money out of the govt. funds, the honest officer got transferred but in due course became a district collector. The dishonest officer was caught later by the government and was imprisoned. The honest officer retired as a collector and is happy now.

**Qns:** If karma is burning off quickly, does it mean that bad and good people are progressing at the same rate? If the result of bad Karma is given quickly, does it mean that one can get results immediately?

**Ans:** It can not happen so quickly. Only in the case of yogi it happens so. The principle is not as simple as that. Ravana made Rama suffer a lot. In turn he also suffered greatly. The timing of the reward and punishment can not be so simply understood.



Qns: Can one share the Karma of the other?

Ans: No, since there is no Atmic relationship.

Qns: If one makes love to somebody, do they have to share the Karma?

Ans: No.

Qns: Can one get the effects of his Karma by touching the person? Why some swamis do not allow others to touch them?

Ans: A Yogi is an ocean. All who come to it can take a bath in it without any harm to it.

Only mathadipathis are afraid that they might lose their power if one touches them. They told me not to allow people to touch me. Swami told them that he has no fear of losing any power.

Ramakrishna Pramhansa touched Vivekananda and gave his power. Vivekananda in turn distributed that power to many. This can happen only with a Yogi. A Yogi can give power even to animals.

Qns: What is the best way to reduce the effect of Karma?

Ans: Do Dhyān. Don't worry about Karma. Forget about it.

Qns: Does one has to face the fruits of his karma in this life only or next?

Ans: In this life only. What happened to Dasarath, a great king who got Rama as his son. He hit Sravanakumar and got the result in the same life. He died crying for his son Rama. Take Shah of Iran. When he was the kind people got so much both good and also bad. He had to go. People have brought a religious leader-one king was replaced by another king. There is tremendous insecurity. People have brought it upon themselves.

Qns: Who is keeping account of all such Karma?

Ans: Each one keeps his own account in one's own consciousness.

## ON EXPERIENCES OF DEVOTEES

Swamiji initiated nearly 250 people during his 14 week stay in Britain.

On the last day of his stay, after Bhajan, some people spoke about their experiences.

### A gentleman:

He heard about Swamiji and went to see him. He instantly felt that Swami is a great spiritual personality. "I was very curious and asked a lot of questions. I am so attracted to Swami that I could not stop coming. I could not work without seeing him. I came regularly for three months. This man has given me a tremendous time. I had a lot of problems in meditation. I saw people going into trances. It looked extraordinary. When it started happening to me, I knew that they are true. A greater will seems to control me. It made me surrender myself to him and feel extraordinary states of mind and body. I feel a great release from mental stress. Now I am not abrasively thinking of anything! "

### Sri Swamiji in USA

Sri Sri Sri Swamiji, late last year had been to the United States of America where he captured the hearts and imagination of countless number of people.

Having reached the pinnacles of material prosperity the Americans thronged to Sri Swamiji for solace, peace and to still the inward strife & tension. People who came out of mere curiosity, stayed back to pray and soon become ardent devotees of Sri Swamiji.

The visit though short, was indeed impact creating one and brought to thousands of Americans not only mental peace reduction in tension & worries but also joy and happiness.



## An American Devotees Experiences.

Shri Shri Shri ShivaBalaYogi Maharaj.

The Healer

By David Wheeler

Swamiji (Shri Shri Shri ShivaBalaYogi Maharaj) is my Guru. He is the guiding Light in my life. I didn't plan on Swamiji becoming my Guru, it took me by surprise, and now he is always there as a bright light leading me ever closer to God. Being a devotee to me is not a final process, it is an on-going deepening of one's Love and Connection with their Spiritual Master.

I attended the first meeting hosted by Swamiji, and could immediately feel the radiating light of his grace melting my meditation into deeper levels of pure experience. After a few meetings, I was asked to examine Swamiji as a chiropractor because of a reoccurring arm and shoulder problem.

My therapy sessions with Swamiji became private darshans where I was able to ask questions and Swamiji made comments about different subjects. These darshans transformed me like a new path being made for a small creek to move into a large river. My own life is the creek and the river is the deep essence of Gods Love enveloping every part of my being.

On my first visit I became cosmically fried in the blazing fire of Swamiji's presence.

My visits continued with Swamiji, and I would work on him for 15 to 30 minutes (instead of the hour and a half on the first visit). Then Swamiji would have me stay, give me some Prasad (fruit that he blessed), sometimes tea and snacks and we would talk of different things. I am now realizing how lucky I am.

On my third visit to see Swamiji, I mentioned to him that I felt his presence while I was working on my patients, I could feel his presence healing them and I was getting very hot. He told me that I had received a special blessing to heal others. At the first group meeting I asked Swamiji for a blessing to serve others better, and he referred



back to this blessing by saying I was to serve others by healing them. Later, in this private session, I mentioned to Swamiji that people sometimes get worse before they get better, and pain sometimes increases. He told me to rub Vibhuti on those places for patients.

I was also told I could give Vibhuti to people to mix with water or milk to heal problems. According to what I have read and can observe about Swamijis' healing ministry, there is no problem, physical, mental, emotional, or spiritual he cannot heal through the blessed Vibhuti given to people in need.

The most effective healing process I can offer patients now is Swamijis Vibhuti. I have seen patients healed of long standing health problems that had not responded to anything else. I believe that nothing can withstand the healing light and Love of Swamiji's blessing. When I rub Vibhuti on patients or simply hand them a piece to use on themselves at home, I can sense the flame of God's Love being passed on to them. This eternal flame will burn away any problem all by the blessing of Swamiji. When I place my hands on people I can feel Swamijis' healing grace flowing through me to be of service to them.

Just the other day I had a new patient from my yellow page advertising and not from the Spiritual community. I did not tell her about my energy work or Swamiji. I just put my hands on her to allow Swamijis energy to heal her and she asked me if I had anything in my hands. I told her I didn't understand. Then she said that my hands were so hot she thought I must be holding electric warmers in my hands. It didn't matter that she knew where this blessing was coming from. It doesn't matter if the patient believes in Swamiji or the Vibhuti or not. One of my patients has a hiatal hernia, so I rubbed some Vibhuti on the protrusion and gave him some to take home. Just as in other patients, I could see the Light Energy from Swamijis' connection to the Vibhuti radiate into the afflicted area, and I could feel the tender Love present. The patient immediately felt the pain in the hernia fade away. A few days later his wife told me the Vibhuti was substantially reducing the hernia so it did not protrude. I also found out he had a lot of skepticism about the Vibhuti and he was surprised it worked because this went against his religious upbringing that you must accept a method of healing for it to work. A number of people who have received the Vibhuti have commented about the peace and spiritual



feeling they have from using the Vibhuti internally or rubbing it on their body.

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**SHRI SHRI SHRI SHIVABALAYOGI MAHARAJ TRUST**

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